

Where to Seek Help

Institution	Address	Contact Number
Department of Social Welfare and Development (DSWD) Community-Based Services Section (CBSS)	Legarda, Manila	Tel. Nos.: 733-0014 to 18 local 116 / 488-2861
Philippine National Police (PNP) Women and Children Protection Center	Camp Crame, Quezon City	Tel. No.: 410-3213 / 532-6690 Aleng Pulis Text Hot-line: 0919-777-7377 Emergency Hotline: 911
National Bureau of Investigation (NBI) Anti-Violence Against Women and Children Division (VAWCD)	V-Tech Tower, G. Araneta Avenue, Quezon City	Main Office: (02) 8523-8231 to 38 / (02) 8525-6028
PNP Women and Children Protection Center (WCPC)	Main Office: West Crame, San Juan, Metro Manila	Main Office: (02) 8532-6690 / 7410-3213 / 7723-0401 local 5260, 5360, 5361 Visayas: 0917-7085157 / (032) 410-8483 Mindanao: 0917-1806037 Aleng Pulis: 0919-7777377 / 09667255961
DOJ – Public Attorney’s Office (DOJ-PAO)	Central Office: 4th & 5th Floors DOJ Agencies Building NIA Rd. corner East Ave., Diliman, Quezon City	(02) 8929-9436 local 106, 107, or 159 (Local “0” for the operator)
DOJ Action Center	Padre Faura Street, Ermita, Manila, Manila	(02) 8521-2930 / 8523-8481 loc. 403
UP-PGH Women’s Desk	Ermita, Manila, 1000 Metro Manila	Tel. nos.: (02) 8353-0667 / 8542-1512 / 8554-8400 local 2536
Women’s Crisis Center (WCC) Women and Children Crisis Care and Protection Unit	Vito Cruz, Manila	Tel. no.: (02) 8514-4104 Mobile: 0920-9677852 / 0917-8250320

Other institutions that you can contact:

- Barangay VAW Desk in your Barangay Hall
- Provincial/City/Municipal Social Welfare and Development Office of Local Government Units
- Women and Children Protection Desk of nearest Precinct
- DOH Hospitals, Women and Children Protection Unit
- VAW Helplines (Per Region)